

Peter Mandel

❖❖❖ **The Esogetic
Healing Symbols**

Disclaimer

While compiling this brochure we paid utmost care to the accuracy of the information contained in it. Certain diseases and stresses are less or not at all fit for self-treatment.

Always ask your naturopath, therapist or physician.

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Information about trainings, seminars and instruments is available from

esogetics GmbH

Hildastraße 8 · D-76646 Bruchsal

Phone: +49 (0)7251-8001-0 · Fax: +49 (0)7251-8001-55

info-de@esogetics.com

www.esogetics.com

esogetics GmbH – Zweigniederlassung

Hirschmattstr. 16 · CH-6003 Luzern

Phone: +41 (0)41-4205836 · Fax: +41 (0)41-4205936

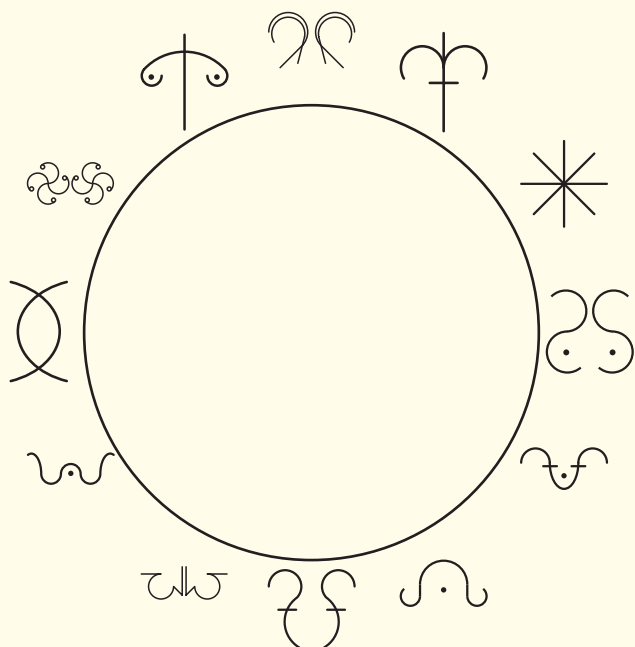
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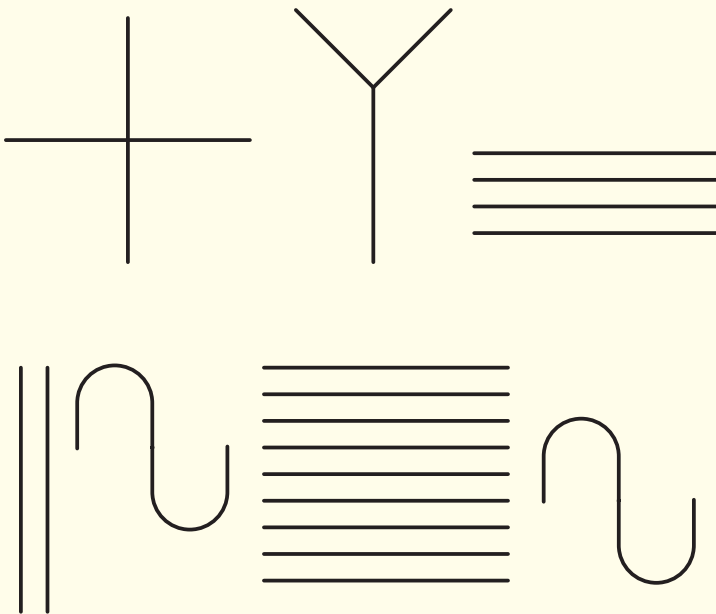
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The Signs of the Skin



First I would like to discuss the history of these 12 signs. Though the extraordinary work of the Viennese physicist Erich Körbler has introduced us to the subtle energy information of geometrical figures, I am also convinced at this point that there have been other marks and images in ancient human history, which have been correlating with the human soul. Körbler called his method “New Homeopathy”, because it is affecting the subtle energetic human body just like homeopathy itself. Following are the signs, which are used in the new Homeopathy.

The Signs of the New Homeopathy



This method does not provide definitive assigned positions on the body. The acupuncture points or zones of the body are tested with a one-handed ‘dowsing device’ and then the geometrical figures are used to balance imbalances. I do not want to discuss this doubtlessly magnificent method of treatment here any further. Körbler’s method works. I have observed it many times in animals, which had been treated with this approach.

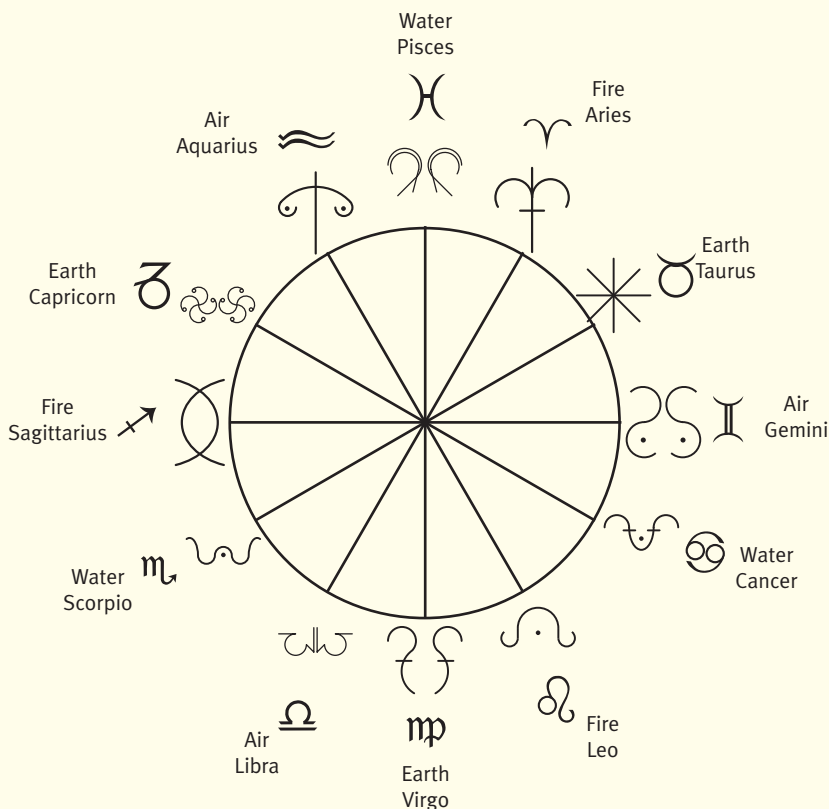
My experience with images and symbols on the skin reaches back a long time. When I was a young naturopath (nearly 45 years ago) I happened to come across the books of Prof. Guiseppe Calligaris. Today I do not remember why somebody gave me five of his book in the German translation. There certainly are no accidents and from that day on I could not let go of the idea to detect, comprehend and retrieve information that is present on the skin and use such patterns for the therapy of the sick person.

Prof. Calligaris was a teacher of neuropathology at the Royal University in Rome. His reputation in the local scientific circles was quite solid, until he started to affirm that he was able to trigger “parapsychological reaction” in an individual by ways of the skin zones that he had discovered and which he called “Plaques”. In his opinion this “dermal-visceral-psychological” reflex constituted a mechanism, which allowed contact with the subconscious and the so-called “higher Self”. That made it likely for him to overcome the controlling dominance of the intellect in conscious awareness by experimenting with the Plaques he had discovered. Being on my own quest in the early years of my profession I could not stop being astonished, mostly because some of the things that Prof. Calligaris was describing worked for me as well.

Yet it was very cumbersome and difficult to follow his exact protocols. That pushed me to find my own way based on his insights. Today I have come to the overall conclusion that Prof. Calligaris’ discovery that the human skin possesses all geometrical structures is correct. Many of the new things that I have been allowed to discover are proof of that. In the past in our seminars we have become acquainted with images, mandalas and symbols, which show a definite effect in regard to our subconscious.

Thus my path of using traditional signs - which I have interpreted in a new manner - in the treatment of sick and healthy individuals, is a continuation of the insights of Calligaris, Erich Körbler and many others.

The symbolic signs that I have illustrated previously and which I want to correlate with the human “beingness”, have a high priority for the subconscious layers of the human subconscious. They are twelve symbols (signs), which are particularly related to the human ascent. If I use the image of the 12 signs of the zodiac, then mainly to give you a simple level of explanation. In reality the connections are much more complicated. That first assignment to the signs of the zodiac already opens up an important space in the life of every human being. All 12 signs are contained in all people and therefore my newly assigned signs and symbols are as well.

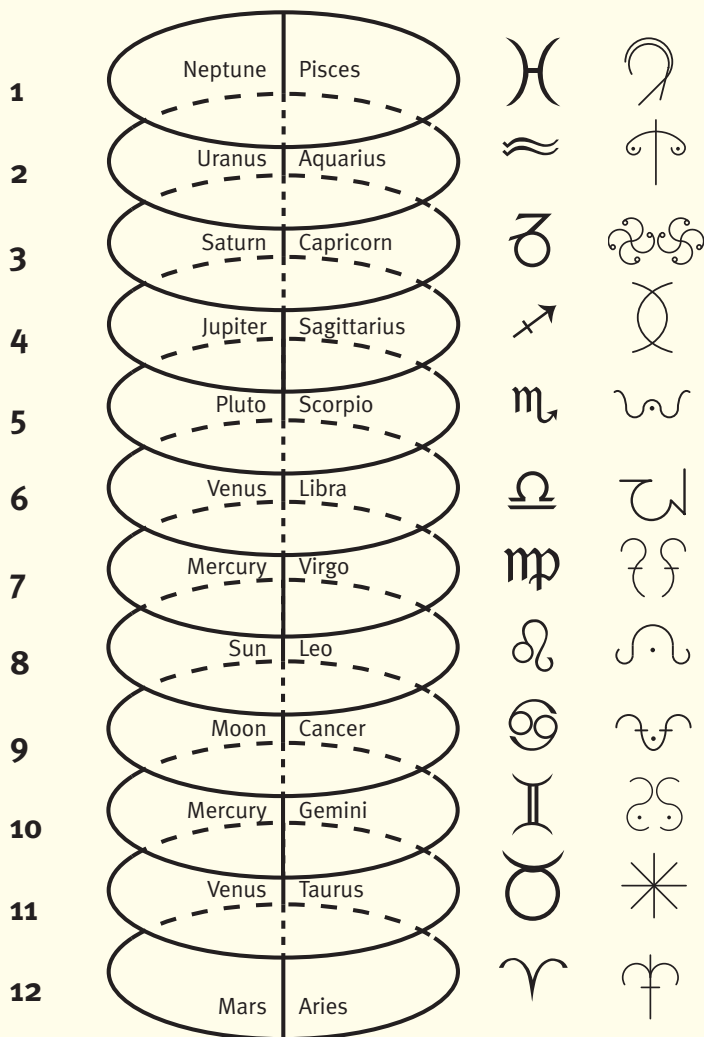


In the circle of the 12 signs I have assigned the appropriate symbols to the signs of the zodiac. For now this should be understood very generally and in a different context I shall summarize the possible indications. Nonetheless we should pay a bit more attention to the number 12. There is the research of the physicist Burkhard Heim. His model centers around a twelve-dimensional world concept. He outlines the spiritual components and divides these into superimposed dimensions. The aspects of X 1 to X 3 and X 4 he describes as that dimension, in which we are living as humans and which signifies space-time, where he is positioning four spaces. That reminds us of the 4 “realms” of the Tree of Life or the 3 x 4 spaces within the membrane fields (which also adds up to 12 levels).

Burkhard Heim calls the aspects X 5 and X 6 which are above our space-time the “the space of structure or order”. Information from the higher dimensions X 7 and X 8 is streaming down and is being structured, which means that the material forms below are already present here as blueprints. The Kabbalah and the tree of Life show similar considerations. Above the dimensions X 5 and X 6 the two coordinates X 7 and X 8 are found, which Burkhard Heim has called information space. Here we encounter the possibilities of the unimaginable consciousness, which contains everything that has been, is and will be. Any creation, all souls and all forms are present here as an idea, so that they can be planned and actually created in the structural space below. The dimensions X 9, X 10, X 11 and X 12 are unimaginable for us humans. Burkhard Heim calls that space the “timeless super-space” and in the colloquial language of the scientists it is also called hyperspace and now the “zero-point field”.

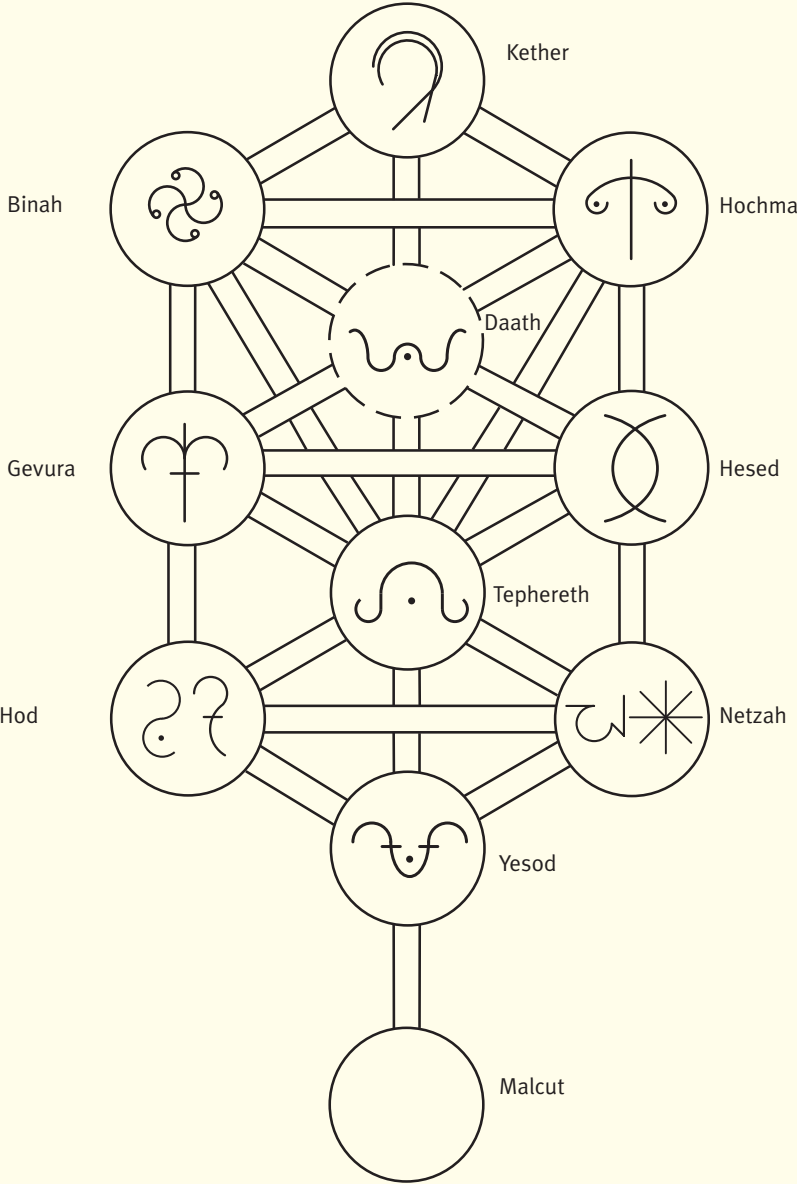
According to Burkhard Heim’s calculation there doubtlessly is a hyper-cosmic program or consciousness, which seen from the human perspective has an effect from above towards below. The number 12 = 12 dimensions draws our attention, because it often plays an important part in human history. 12 signs of the zodiac, Jesus’ 12 apostles, the 12 knights of King Arthur’s round table, the 12 tribes of Israel, the 12 months of the year, etc. This list could be expanded at will, the symbolic meaning of 12 is quite extensive.

When I use Burkhard Heim’s idea of the 12 dimensions as an origin, then in my imagination there are 12 spaces positioned one above the other, which I count from the top down.



Here the zodiacal sign Aries occupies the lowest and the sign Pisces the highest level. Analogous to that are the signs, which correspond to the different signs of the zodiac. I have also assigned these signs to the Tree of Life according to the different “rulers of the Sephira”, because they are very interesting in this context as well. I shall go into that at a later point. The following illustration shows the signs within the Sephira.

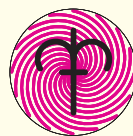
The Tree of Life and the Assignment of the Sephira



Sign 1

Assignments:

ElementFire
PlanetMars
Zodiac signAries
Tree of LifeGevura



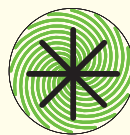
This sign represents the term “Freedom”. Central sign for ‘becoming upright’, “being straight”, “directing the gaze in front”, “putting something into motion”.

The physical effect is primarily on the head as a whole and the solarplexus. Inner freedom, as far as it is present, is usually experienced without stress and thus the solarplexus is not burdened. Moreover symptoms of limitation in the musculoskeletal system (especially in the muscles) are assigned to this sign. The entire well-being of an individual is connected to this.

Sign 2

Assignments:

ElementEarth
PlanetVenus
Zodiac signTaurus
Tree of LifeNetzah



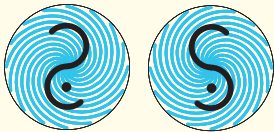
The rune Hagal is an elementary sign. It can be found widespread in the myths of the Gods of antiquity, like for instance the Sumerians, where Ishtar or Innana carried this sign. The directionality of the lines of “vertical, horizontal and diagonal” always was a sign hinting at the Gods. Today these have become the basis for our classical directions of energy flow of this dimension, vertical, horizontal and diagonal.

This sign addresses the harmonization of the whole. Specifically it deals with the “letting go of things” or from a different vantage point with the stimulation of the “flow of information”. I am imagining that on the physical level after freedom (1st sign) the unfoldment of the individual personality should be facilitated. Letting go of things is one of the main demands of life and the analogous body functions, especially the lymph drainage from the head, are important. If we also keep in mind that lymph congestion, like for instance through the grinding of teeth at night or the so-called “biting”, can lead to change in all body functions, then this sign would also have a special relationship in regard to the subconscious.

Sign 3

Assignments:

ElementAir
PlanetMercury
Zodiac signGemini
Tree of LifeHod



Here we encounter the first of the signs that have a dual design, which I have derived from the middle level of the Swastika (wheel of the sun). This symbol turns once to the left and then to the right and holds huge importance for our life. The Swastika is the middle symbol in our “Crystal Meditation Band” (front and back) and is meant to activate and connect the frontal and occipital parts of the brain. To connect things, that is how I imagine the mode of action of this sign. The focus is the harmonious activity and movement forward. The calm progression of the path of life. The opposite are hurry, stress, restlessness and hyperactivity, which lead to tremendous tensions in the entire individual, psychologically/ emotionally as well as physically. As the principle and symbol of Mercury has a tendency towards the intellectual part of the human being, we should pay particular attention to overload phenomena in this arena. The entire nervous system, especially the autonomic one, are often suffering. The Gemini

born tends to have symptoms in the arms and hands or fingers, the lungs and the bronchi. It is useful to apply this sign for any pain anywhere in the body.

Sign 4

Assignments:

Element	Water
Planet	Moon
Zodiac sign	Cancer
Tree of Life	Yesod



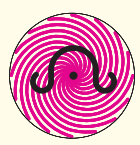
In ancient times this symbol was called “vessel” and signified motherhood and receptivity and conception. To take something in and let it grow inside until it is time to release it to the outside or “letting it go” is the deeper meaning of this symbol. I also see it as the symbol of the “unity in the duality”. Love - revelation - opening towards the inside are further assignments. If the individual experiences continuous pressure from the outside, then it is worthwhile to work with this symbol. The Sephiras Kether - Tephareth and Yesod all carry this sign and that shows its mode of action. The light that comes from above and that makes the first contact with the material being of the human in Kether, condenses in Tephareth, creates the human “core”, and is then passing down into Yesod, which is the “mirror of the personality”. There the information of the light are bundled and forwarded downward to Malcut; thus the “crown” (Kether) enters the “kingdom” (Malcut). The barrier of Yesod determines what is forwarded and what is not. If there is an insufficient transfer, we have a congestion of light or information, which can lead to considerable disturbances. In that context we find stress in the stomach through permanent solarplexus tension (Tephareth). Or these people show strong pressure and congestion symptoms in the head, which often show as migraines. The Sephira Yesod corresponds to the limbic system, therefore this sign can for instance be used in children, when there are problems of brain synchronization or learning difficulties. We could attempt to treat our

own emotional stress, whether it is restlessness, anxiety or aggression, with this sign. As the female breast also belongs to Yesod, when treating complaints in that area one should not forget this sign.

Sign 5

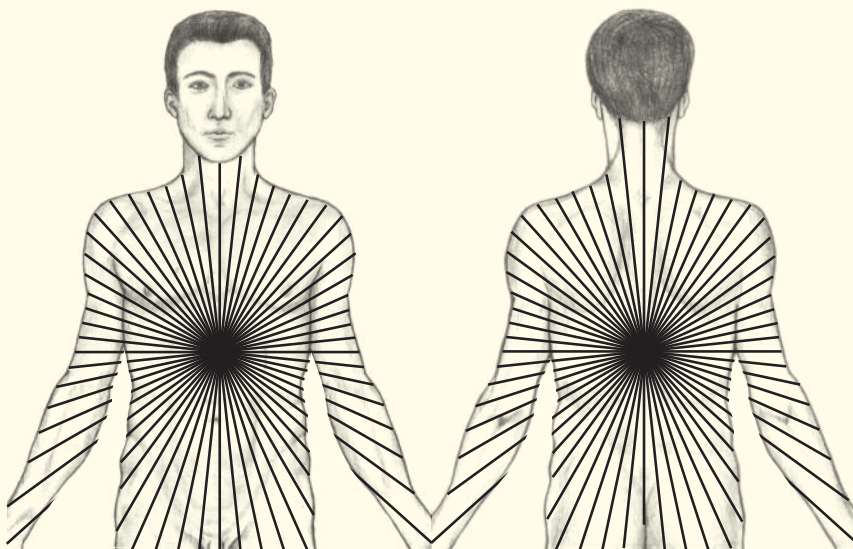
Assignments:

- ElementFire
- PlanetSun
- Zodiac signLeo
- Tree of LifeTephereth



This sign is an omega symbol, which I have modified and which represents “beginning and end”. I have assigned this symbol to the “neutral fire” and thus it is the principle of the zodiac sign “Leo”, which oscillates in the figure of the omega sign. The sun is positioned in Tephereth (solarplexus) and from here the rays of the sun flood through the entire body. Let me show you the image of the rays of the sun once more.

From the position of Tephereth the “rays of the sun” reflect into the entire body. Tephereth is not only the core of an individual but also the all-encompassing divine love in the human being. Therefore the mental functions of the heart are centered here. We know that the “semi-autonomic brain in the heart” has a relationship with the prefrontal cortex. Thus the “love of the heart” moves the information chaos in that area; note that in my view chaos means higher order. The love of the “Christ consciousness” (Tephereth) can touch any human complaint. If Tephereth is inactive or has become inactive (possibly through faulty impulses from Yesod), then this sign can contribute an impulse towards order once again. As we have assigned all organ systems to the sun rays of Tephereth, sign 5 can address all possible states (pain and disease). However, it should only be used if the “basic sign” (assignment in the zodiac) does not achieve results in treating the complaints. The sun or the zodiac sign Leo (neutral fire)



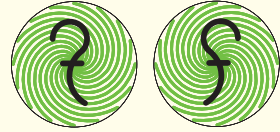
corresponds to the entity of the spine and the heart and circulatory system. Moreover the vitality is what is nourished and regenerated through the love in Tephareth. The assigned function of the eyes, in regard to “how I view the world” is as important as the function of the neocortex.

I also could observe an effect on the nervous system in regard to sympathetic and parasympathetic functions. Overall we can use this sign for the brain coordination between head and body, even if we were not born as a Leo. Swollen joints also react sometimes immediately.

Sign 6

Assignments:

ElementEarth
PlanetDescending Mercury
Zodiac signVirgo
Tree of LifeHod

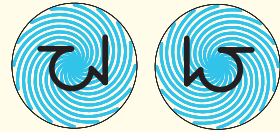


This sign, which is second one of dual design, symbolizes the polarity of body and mind, of emotion and intellect. These are people, who have considerable problems with their own emotion. To always reside in thought and intellect and to always want to analyze everything cannot be healthy for the soul in the long run. Therefore we often find patients, whose “abdominal brain” can no longer connect to the waking consciousness. The result is so-called “head-stress”, which creates distinct symptoms over time. Mostly though it is the intestinal system (large and small), which is damaged through the permanent overwork of the solarplexus. The terms “relationship, love and care” are crucial for this sign. To be able to listen to other people without “knowing it better” would be helpful for people who always need to be right. Especially this sign is able to open the door to one’s inner self and thus catalyze self-love. That is not an easy thing to do, as the variety of reactions shows when applying this sign. On the Tree of Life the Sephira Hod, ruled by the classical planet Mercury, is the one that coordinates the voluntary rhythms of our life. Virgo corresponds to the Earth element, yet it is ruled by Mercury. We should keep that in mind, when for instance cardiac arrhythmias, central nervous system symptoms or other states of physical restlessness become prominent.

Sign 7

Assignments:

ElementAir
PlanetVenus
Zodiac signLibra
Tree of LifeNetzah



The seventh sign is also of dual design. It can be found in ancient meditation illustrations and in mandalas in a similar way. In the temples of Tibet and the meditation caves in Mustang similar symbols can be recognized in the wall paintings. For me it is a sign, which receives the light or the information through the straight lines (antenna), conducts it downwards and then stores it there (semicircle). From here the information is supposed to be radiated out in a “transformed” manner. The balance of “giving and receiving” is the symbol of this sign, therefore it reacts delicately towards physical and emotional imbalances. Whenever an individual cannot come into their own center, when the partnership with oneself is lost, then the treatment with this sign is worth a try. It is good for people, who keep complaining about pain of the lower spine and sternum. Moreover we can observe effects on the elimination of toxins through the kidney and urinary bladder and the detoxification of the overall body.

Sign 8

Assignments:

ElementWater
PlanetPluto
Zodiac signScorpio
Tree of LifeDaath



As a symbol this sign shows the flow, the movement of the waves, as it can be found anywhere and all the time in this dimension. It is a sign that helps the activation of the inner knowing. If a person resists this

knowing, which is contained in him, he will experience auto-aggressive reactions in his life. That is related to the position of the classical planet Pluto in the Sephira Daath and its shadow, where the denial of impulses that are pushing from the inside starts a disturbance or destruction. In the past I have pointed out several times that the so-called invisible Sephira Daath takes part in nearly all stresses of the human psyche or body. This also shows in the symbol Pluto, which on one hand symbolizes the “treasure in the depth” and on the other hand removes the trash in nature and thus in our body, so that something new can arise from the old. Therefore this sign can be used in any type of destructive disease, from rheumatism to cancer, as well as in systemic diseases.

Sign 9

Assignments:

ElementFire
PlanetJupiter
Zodiac signSagittarius
Tree of LifeHesed



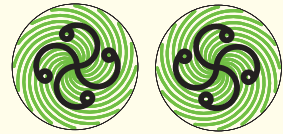
As the illustration shows, I have arranged the sign of the interference, where the peak and the valley of the wave are harmonically superimposed, vertically. The reason is that the waves on the body always reflect outwards from the median. There also are horizontal types of waves that spread from the middle of the body (Tephereth) towards the top and bottom. In this case, however, we are concerned with the assigned positions that achieve a reflection from the middle towards the outside. I believe that in this manner we can encourage stuck destructive interference structures to move again and thus also provide help in chronically diseased individuals. Primarily the interference sign points to all aggressively erupting emotions. Therefore the central focus are liver - gallbladder stresses and diseases, and all toxic complaints, which can be summarized by the term “auto-intoxication”. Tentatively used in diseases of the white blood cells.

Whenever a person is not finding his way and is not living his innate individuality, we find complaints of the joints and the pelvis, as if the soul is saying “ do not go on, stop and try a different direction”. If there also is cerebral stress and especially in regard to the arterial supply in our patients, then the basic positions of this sign could be used in the beginning of any type of therapy selection.

Sign 10

Assignments:

ElementEarth
PlanetSaturn
Zodiac signCapricorn
Tree of LifeBinah



The number 10 starts a new cycle of numbers and the individual has to open up to this new cycle. That is quite difficult, because the habit of what has passed is deeply engrained in a person’s consciousness. Therefore we are talking about the movement forward and to do so we need the joint system of the body, in particular the knees. These have been related to subconscious fear and anxieties for a long time. The unpleasant past experiences often show as an inability to move in people. The person wants to avoid the same experience and thus these people refuse, often quite stubbornly, to continue their life-path on a higher level. Stopping on one’s path means “stasis” or rigidity (freezing). That leads to metabolic problems and toxic deposits in the tissues of the human body. Such states always have to do with the relationship of Plus and Minus or Yin and Yang. The person cannot move any longer from his stiffened middle. I have contemplated for a long time, which sign might be able to move this condition, in order to escape the trap of the increasing degeneration. I believe that one of the most ancient of the signs of humanity, “the wheel of the sun (Swastika)” is important here. In recent years I have passed on the “Crystal Meditation Band” with its selected symbols. On this band the Swastika that is turning to the left and to the right

is assigned to the forehead and the opposing occiput. Now I know that this sign can dissolve the congestion in the middle through the connection of front and back. Thus we are dealing with a symbol of movement and the resolution of consolidation, which we all encounter on our life-path here and there. I want to repeat a quote concerning the “Swastika”, because I believe that it illuminates my assignment to the number 10.

The symbolic shape of the Swastika is supposed to be older than 6000 years and is a widespread symbol of luck and healing in India in particular, but also in Europe. In Buddhism the wheel of the sun symbolizes the key to paradise. In Hinduism we encounter the form with the angles to the right and to the left, and there is a differentiation of the symbol of sunrise and the day (turning towards the right). When the angles point towards the left we are symbolically showing sunset and the night. Similarly to Yin and Yang they embody the polarity of male and female, of Plus and Minus energies. Buddhist Bon-religion also knew both forms. The one with the angles towards the right was not described in any detail, but the one turning towards the left was a symbol for endurance, strength and stability.

The image of the sun-wheel shows us the two sides of the polarity from the center and as a symbol it can encourage the harmonious movement from this middle. To resolve a rigid state we have to move and this is the priority on the level of number 10.

Sign 11

Assignments:

Element	Air
Planet	Uranus
Zodiac sign	Aquarius
Tree of Life	Hochma



This sign has been derived from the “fool’s staff” or the “jingle bell tree”. I have chosen the simple version. This sign supposedly is one of those symbols, which carries the meaning of “from the unity into the duality”. On the Tree of Life Hochma carries this principle. The vertical line indicates the “unity”, whereas the semicircle with the two small circles at the end symbolizes the “duality”. Hochma contains all the information of the Tree of Life that then spreads downward. Everything is still unstructured and without order. The classical ruler of this sphere is Uranus, and I want to quote some old texts to show you the value of this ancient planetary symbol.

Uranus corresponds to the undifferentiated psychological energy. As it contains an unbridled and wild force, which often looks brutal or primitive, it sometimes acts without rhyme or reason. It is the master of the instincts, the passions and the elemental powers. Dante called the primitive uncontrolled energy of Uranus “the love, which moves the sun and the other stars”. As discussed previously Uranus is the master of pulsation and the rhythms, without it there is no life. It has been said that it is the higher octave of Mercury, because it also deals with communication in regard to the exchange between spirit and matter.

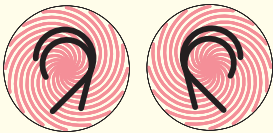
The rhythms of our life originate in the thalamus: beta-, delta-, alpha-, theta- and as of recently the gamma rhythms, which are necessary to synchronize the entire brain. Whether our body reacts positively or negatively is the responsibility of the thalamus, which also has been called the gate to consciousness. This 11th sign is important in all central nervous system functions, even in those that have already triggered tremendous stress in the body like for instance systemic

diseases. It also is considered as a sign of regeneration and very important in reconvalescence. Weakness of the body and the personality are further important indications. Self-indulgence and lack of restraint, something we often see in people, can be treated well with this sign.

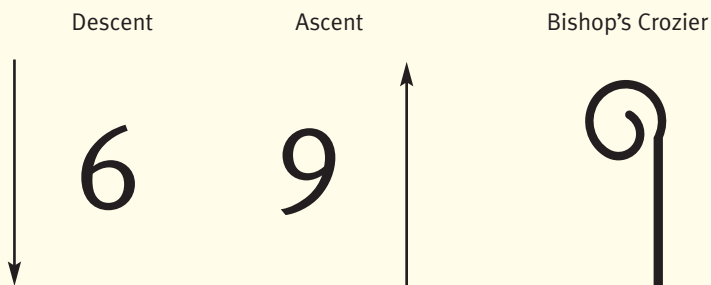
Sign 12

Assignments:

Element	Water
Planet	Neptune
Zodiac sign	Pisces
Tree of Life	Kether



The 12th and last sign has a dual design once again. It is the symbol of the ascending energy, which has been interrupted, because it is not so easy for a living person to return to the last level of insight at Kether. Everything has originated from kether and symbolically speaking Kether is where we have to return to. Another symbol can clarify this process. The descending information (the divine light) concentrates in the number “six”. That is symbol for the continuous renewal and resurrection. On the Tree Of Life that is Tephereth and this Sephira carries the “Christ consciousness” and the human core. When the human being has arrived at his middle in Tephereth, he starts his ascent into the light from here towards Kether. That is indicated by the “bishop’s crozier”, which outside of the material world is symbolically meant to transfer the light towards the top. The next illustration shows this symbol.



People vibrating in the number 12 frequency do not have an easy life. They are called to “perceive” more than others and they have to also manifest that in the space of living. That scares the people and in that context the lymph system tends to keep reacting. We call this process the “psychological-lymphatic buffer reaction”, which to me means that an unexplainable fear (also in children) tends to trigger inflammation of the lymph in the head but also in the intestines. At the level of the number 12 it is important that we have to build a “firm foundation”, a connection to the “earth”, so that we can take a stand. Therefore in astrology the feet have been assigned to the Pisces born individuals. I have also observed that independent from the astrology people of the level 12 are ‘perceiving’ more than others. Often they have the feeling that the environment does not understand them and they retreat. It is a pity that they can do very little with their gifts and there is a fear of the unusual, which these people become prone to. Fear means to become narrow and tight and that implies, that the properties of the physical flow receive pressure. Therefore we often find massive physical complaints and will use this sign for symptoms and diseases of the ground regulation (connective tissue/ mesenchyme). Circulatory disturbances of the head (neuroglia) and the legs belong to this level as well. Moreover I have observed that the abdominal organs show functional disturbances, especially the pancreas, which in principle could “create everything anew”.

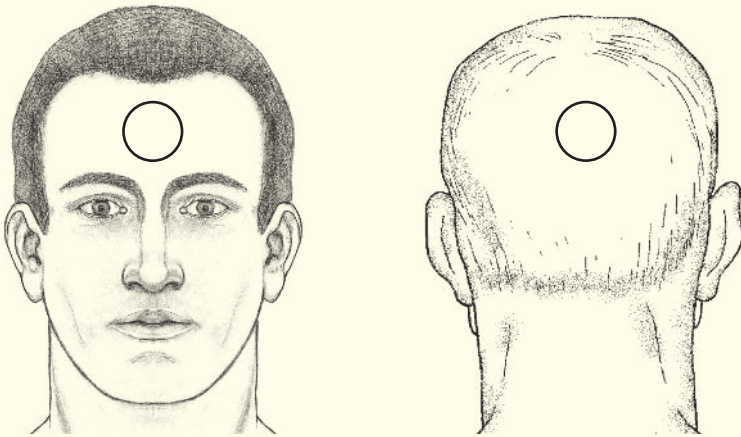
At the end of this discussion of the 12 new “healing symbols” I want to point out that the positions, which I will show you are “basic positions”. The signs can be positioned anywhere on the body, as long as the situation of the complaint relates to the symbol.

When I present these 12 signs as “healing symbols”, then it is not about “healing” some type of serious disease, but I believe that they improve the internal perception of an individual (especially the sick one) and thus touch on the background of disease and pain, so that it can eventually be resolved.

The Application of the 12 Signs in the Healthy and the Sick Individual

The basic positions for all 12 signs are the middle of the forehead and its opposite point at the occiput. (illustration)

Treatment time 2 minutes each.



This treatment can be done by itself at any time.

To make your selection, please orient yourself according to the description of the symbols or use your own birth sign.

Treatment combinations:

In the treatment combinations there are always three positions that need to be addressed.

Among the 12 signs are five that have a dual design and that therefore can be done on the left or on the right side of the body. We can adapt to that by reversing the disk in question.

Basic treatment information:

1. As an option of amplification the symbols can be drawn with a pen (UV fiber pen) before the application of the disks. After the drawing of the sign it is good to rest about 5 minutes. This amplifies the effect of the treatment.
2. The application of the disks in the given order for 1 to 2 minutes on each position. Reactions terminate the position and the next position is used.

Note for therapists:

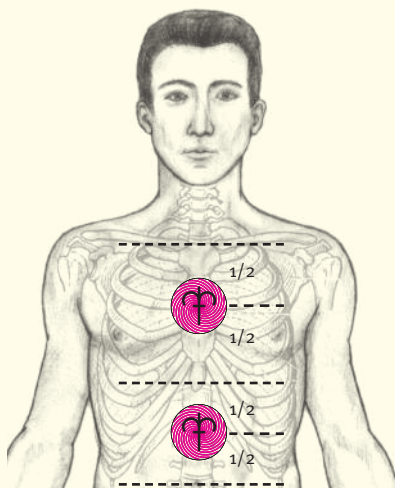
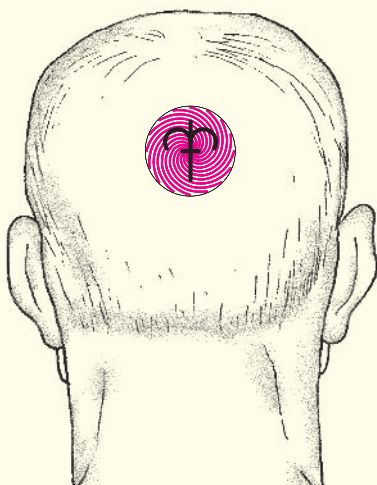
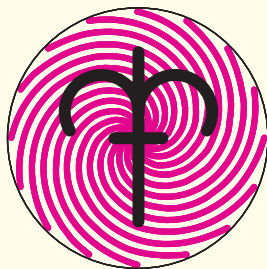
Afterwards it is possible to apply the gray faceted crystals on the three basic positions for about 10 minutes.

If there should be any reactions during the application of the crystal (frequent), the crystals are removed from the positions and reapplied after a short break. Usually there are no more reactions.

Cleaning:

Please use running cold water to clean the Healing symbols.
Never use abrasive cleansers or alcohol.

1. The Sign of Aries



Treatment positions:

1. In the middle of the occiput opposite of the middle of the forehead
2. In the middle of the sternum
3. Halfway on a line between the tip of the sternum and the navel

Treatment sequence:

1. Drawing of the symbols with a pen (UV fiber pen) as an option, then 5 minutes rest.
2. Application of the symbols in the given sequence for 1 to 2 minutes in each position

Note for therapists:

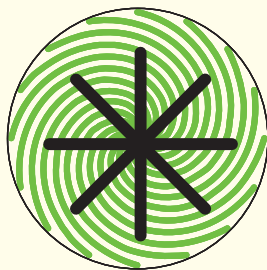
Afterwards application of the gray crystals

Occipital point Dark Gray
Point between the navel and sternum Medium Gray
Point in the middle of the sternum Light Gray

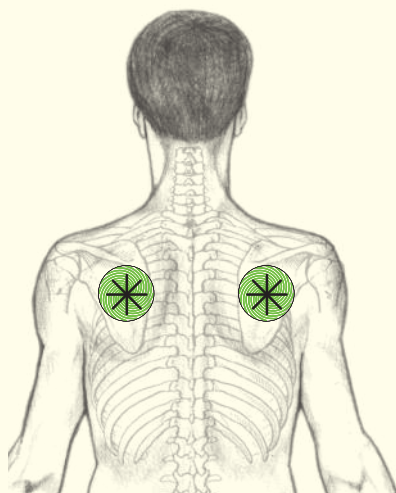
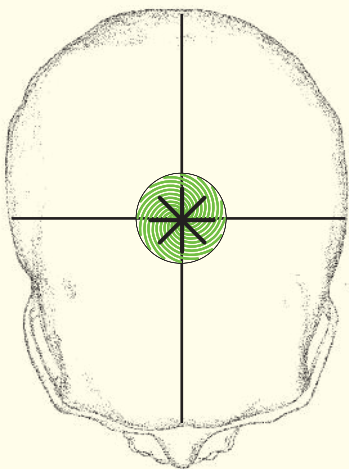
The sign of Aries is assigned to the Sephira Gevura

Please watch for reactions, they give clues about potential deficiencies.

2. The Sign of Taurus



The positioning of this sign, which shows the “Hagal rune” of the Germanic alphabet, are the points of unfolding and the middle of the top of the skull. The points of the scapula relate to the term “unfolding”, which can be seen as an “opening of the wings” and thus ease in the movement forward.



Treatment positions:

1. Middle of the top of the skull at GV 20
2. Left side in the middle of the scapula
3. Right side in the middle of the scapula

Treatment sequence:

1. Drawing of the symbols with a pen (UV fiber pen) as an option, then 5 minutes rest.
2. Application of the symbols in the given sequence for 1 to 2 minutes in each position

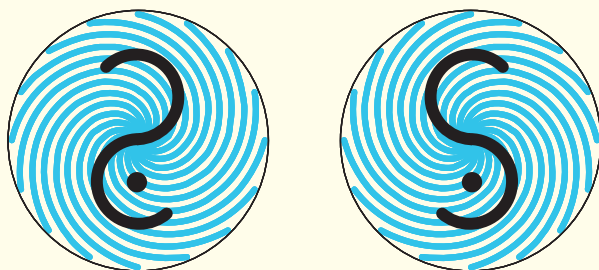
Note for therapists:

Afterwards application of the gray crystals

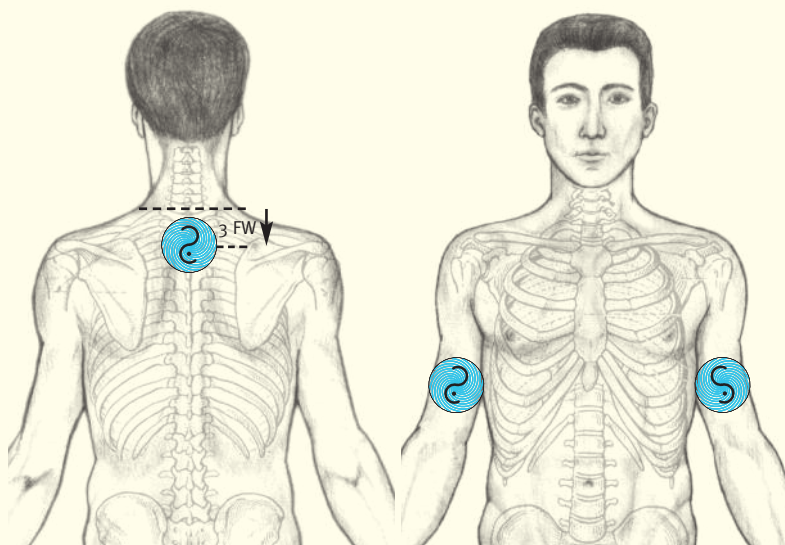
Middle of the top of the skull Dark Gray
Left side in the middle of the scapula Medium Gray
Right side in the middle of the scapula Light Gray

The sign of Taurus is assigned to the Sephira Netzah.

3. The Sign of Gemini



The positioning of the sign of Mercury I have undertaken in the supra-ordinate zone of the fire element. This symbol shows in the middle of the upper arms in the front; when drawing we have to pay attention that the upper arch of the sign points outwards in both cases. The third position is located in the shadow of the Sephira Daath, below the 7th cervical vertebra. Here the upper arch is towards the left.



Treatment positions:

1. 3 Fingerwidths (FW) below the 7th cervical vertebra
2. Middle of the left upper arm in the front
3. Middle of the right upper arm in the front

When the head is bent forward, C7 is the prominent vertebra at the transition from the cervical to the thoracic spine

Please note that the upper arch of the sign points towards the outside in both positions.

Treatment sequence:

1. Drawing of the symbols with a pen (UV fiber pen) as an option, then 5 minutes rest.
2. Application of the symbols in the given sequence for 1 to 2 minutes in each position

Note for therapists:

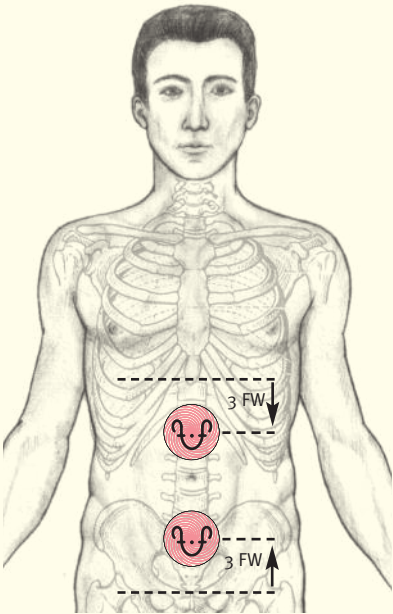
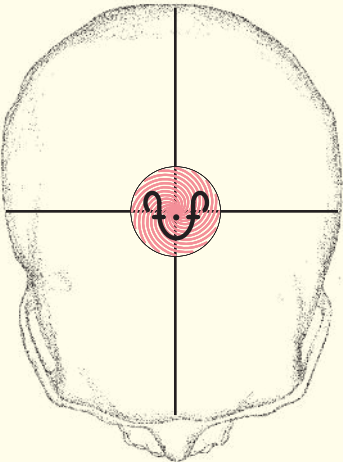
Afterwards application of the gray crystals

3 FW below the 7th cervical Dark Gray
Middle of left upper arm, anterior Medium Gray
Middle of right upper arm, anterior Light Gray

The crystals remain for 10 minutes in the positions. Reactions should be noted.

The sign of Gemini is assigned to the Sephira Hod.

4. The Sign of Cancer



Treatment positions:

1. Middle of the top of the skull at GV 20 corresponds to the Sefhira Kether
2. 3 FW below the tip of the sternum corresponds to the Sefhira Tephareth
3. 3 FW above the pubic bone corresponds to the Sefhira Yesod

Treatment sequence:

1. Drawing of the symbols with a pen (UV fiber pen) as an option, then 5 minutes rest.
2. Application of the symbols in the given sequence for 1 to 2 minutes in each position

Note for therapists:

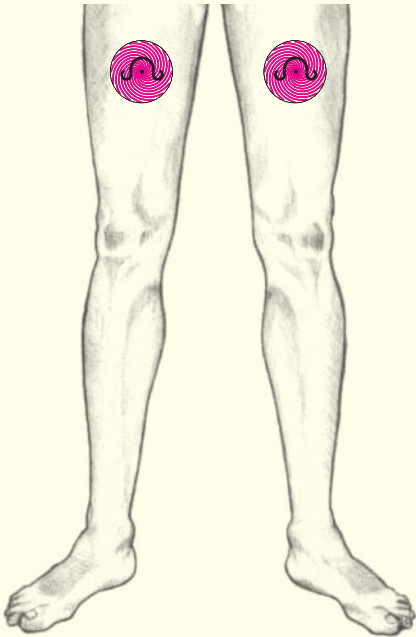
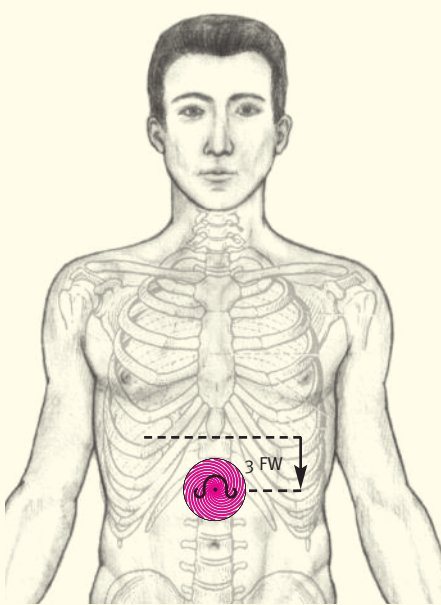
Afterwards application of the gray crystals

Middle Kether Dark Gray
Middle Tephareth Medium Gray
Middle Yesod Light Gray

Especially in this sign it is important to note the reported reactions in relationship to the location of occurrence, like for instance in a woman, who feels her breast during the application or already while the symbol is being drawn. As all other signs before and after, the symbol of the “vessel” can be used anywhere on the body.

The assignment on the Tree of Life is the Sefhira Yesod.

5. The Sign of Leo



Treatment positions:

1. 3 FW below the tip of the sternum corresponds to the Sephira Tephareth
2. The middle of the front of the upper left thigh corresponds to the “icebreaker” of Esogetic medicine
3. The middle of the front of the right thigh corresponds to the “icebreaker” of Esogetic medicine

Treatment sequence:

1. Drawing of the symbols with a pen (UV fiber pen) as an option, then 5 minutes rest.
2. Application of the symbols in the given sequence for 1 to 2 minutes in each position

Note for therapists:

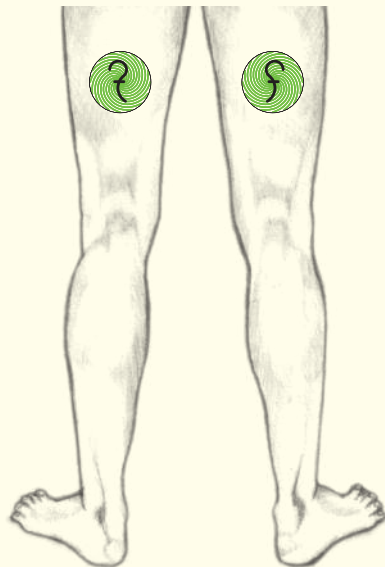
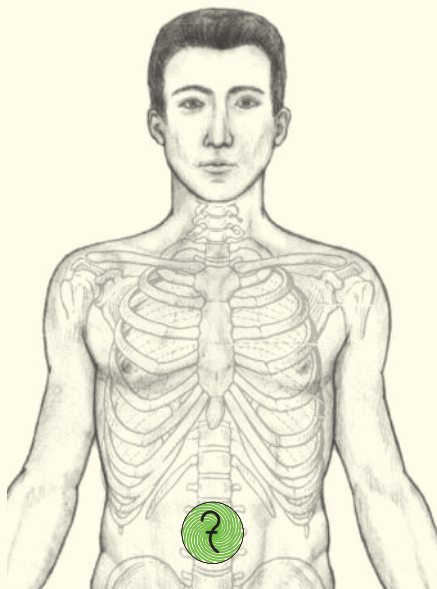
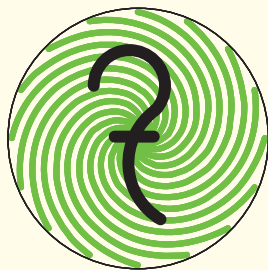
Afterwards application of the gray crystals

Middle of Tephareth Dark Gray
Middle of the left thigh Medium Gray
Middle of the right thigh Light Gray

The sign of the sun (Leo) can be used anywhere on the skin. Especially in the case of pain that does not seem to present any discernible cause.

Assignment on the Tree of Life is the Sephira Tephareth.

6. The Sign of Virgo



Treatment positions:

1. On the navel → upper arch towards the right
2. Middle of the back of the left thigh → upper arch towards the outside
3. Middle of the back of the right thigh → upper arch towards the outside

Treatment sequence:

1. Drawing of the symbols with a pen (UV fiber pen) as an option, then 5 minutes rest.
2. Application of the symbols in the given sequence for 1 to 2 minutes in each position

Note for therapists:

Afterwards application of the gray crystals

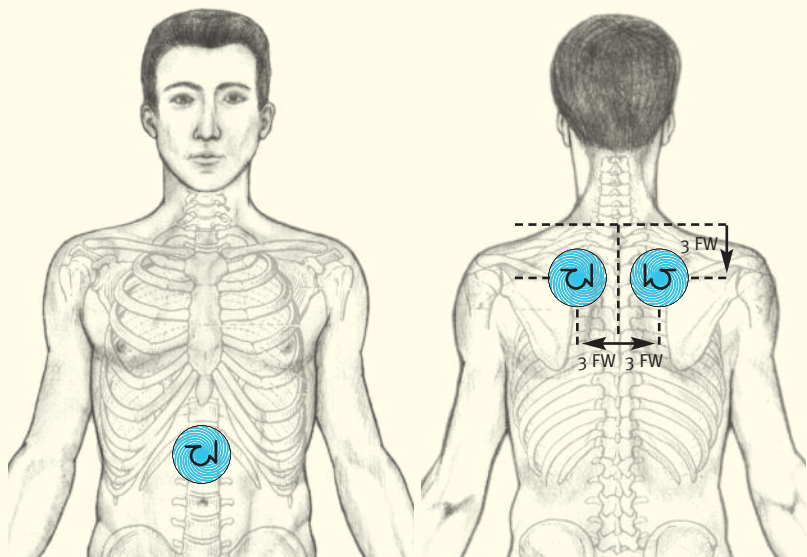
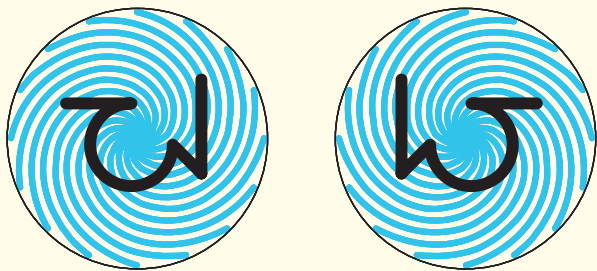
On the navel Dark Gray

Middle of the back of the left thigh Medium Gray

Middle of the back of the right thigh Light Gray

Assignment on the Tree of Life is the Sephira Hod.

7. The Sign of Libra



Treatment positions:

1. Point halfway between the tip of the sternum and the navel
2. Left heart segment → from C7 3 FW down and 3 FW to the left
3. Right heart segment → from C7 3 FW down and 3 FW to the right

When the head is bent forward, C7 is the prominent vertebra at the transition from the cervical to the thoracic spine

Treatment sequence:

1. Drawing of the symbols with a pen (UV fiber pen) as an option, then 5 minutes rest.
2. Application of the symbols in the given sequence for 1 to 2 minutes in each position

Note for therapists:

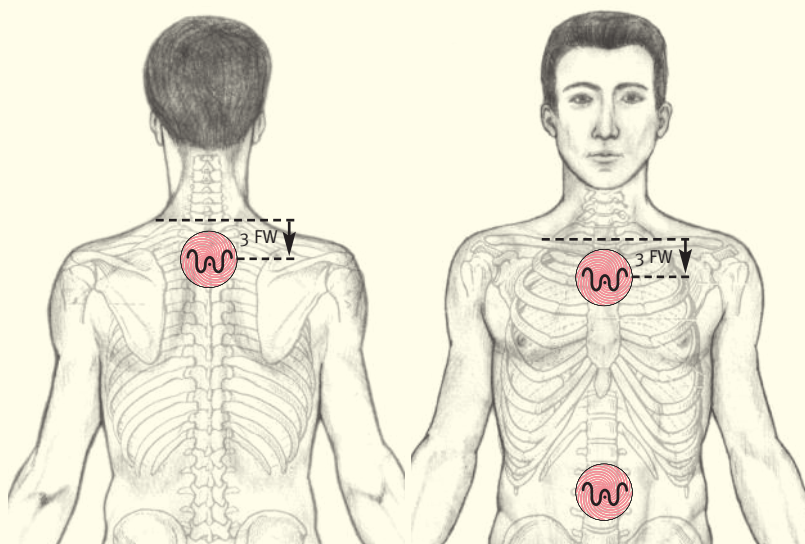
Afterwards application of the gray crystals

Middle of upper abdomen..... Dark Gray
Heart segment, left Medium Gray
Heart segment, right Light Gray

There often are reactions like restlessness and anxiety, sometimes tension in the solarplexus and near the heart. If the crystals are taken away from their positions and then reapplied after a short break, the patients often experience deep calm and balance.

The assignment of the air sign Libra is the earth element of the Sephira Netzah, just like the earth sign Virgo is assigned to the air element of Hod.

8. The Sign of Scorpio



Treatment positions:

1. Daath in the back = 3 FW below C7
2. Daath in the front = 3 FW below the upper edge of the sternum
3. On the navel

When the head is bent forward, C7 is the prominent vertebra at the transition from the cervical to the thoracic spine

Treatment sequence:

1. Drawing of the symbols with a pen (UV fiber pen) as an option, then 5 minutes rest.
2. Application of the symbols in the given sequence for 1 to 2 minutes in each position

Note for therapists:

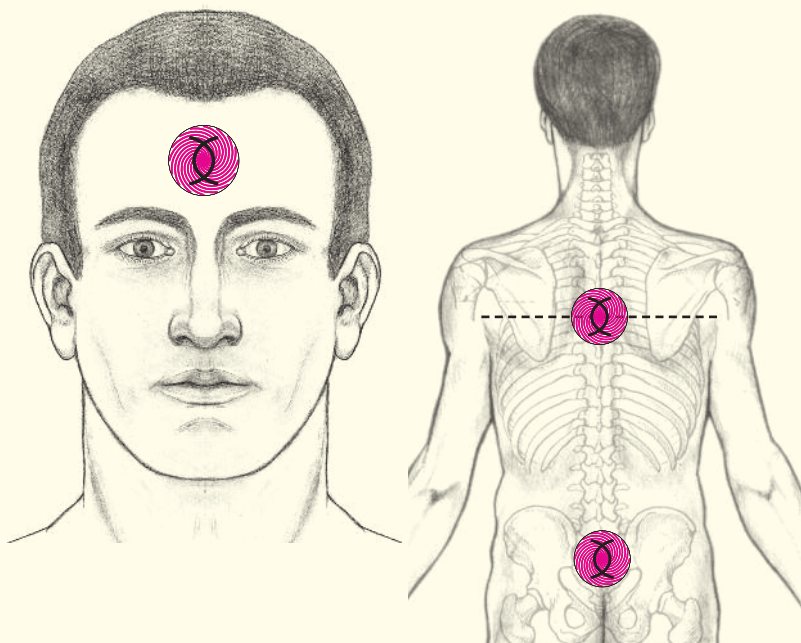
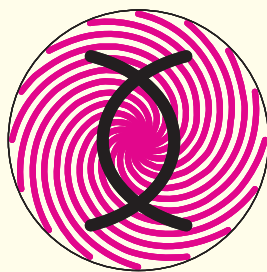
Afterwards application of the gray crystals

Daath in the back Dark Gray
Daath in the front Medium Gray
On the navel Light Gray

It is this wave-shaped sign, which symbolically can move and cleanse everything in its flow. All signs have correspondences with the elements, zodiacal signs etc., but in the case of disease they are relevant for any human being. This is valid for all signs and symbols, as I have mentioned before.

Assignment on the Tree of Life is the Sephira Daath.

9. The Sign of Sagittarius



Treatment positions:

1. Middle of the forehead
2. At the level of the axillary folds on the spine
3. In the middle of the sacrum

Treatment sequence:

1. Drawing of the symbols with a pen (UV fiber pen) as an option, then 5 minutes rest.
2. Application of the symbols in the given sequence for 1 to 2 minutes in each position

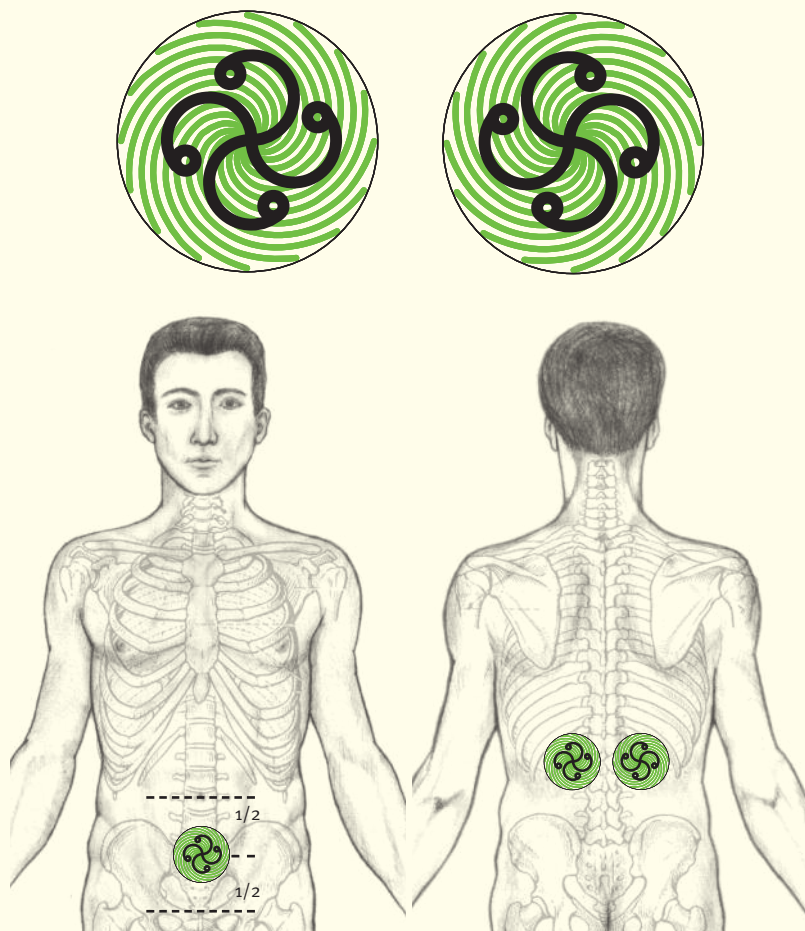
Note for therapists:

Afterwards application of the gray crystals

Middle of the forehead Dark Gray
At the level of the axillary folds on the spine Medium Gray
In the middle of the sacrum Light Gray

Assignment on the Tree of Life is the Sephira Hesed.

10. The Sign of Capricorn



Treatment positions:

1. Hara point, halfway between pubic bone and navel
2. Kidney pole on the left
3. Kidney pole on the right

The kidney pole can be easily palpated, when the hands are placed on the iliac crest with the thumbs pointing backwards. (If you know the Russian folk dance Kasatschok then that is one of the easier exercises...) The

spread thumbs are touching the point in question on the right and left. If you use a little bit of pressure, you can clearly discern the position of the points.

Treatment sequence:

- 1. Drawing of the symbols with a pen (UV fiber pen) as an option, then 5 minutes rest.
- 2. Application of the symbols in the given sequence for 1 to 2 minutes in each position

Note for therapists:

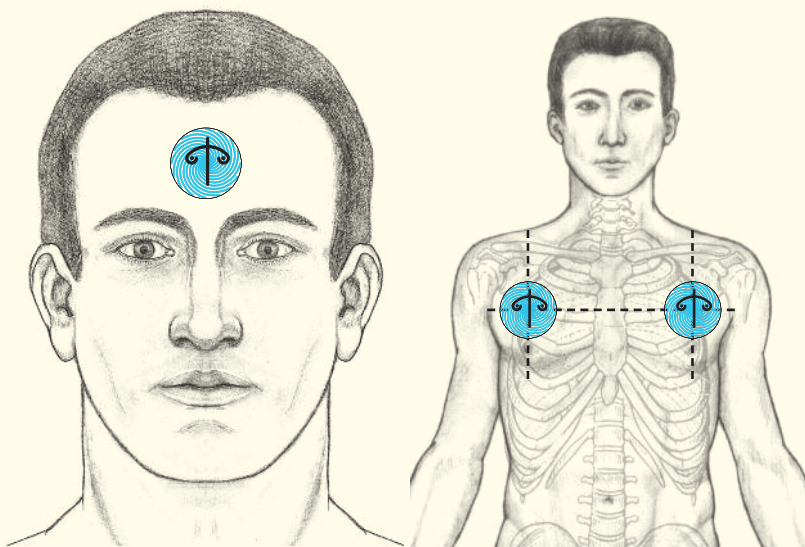
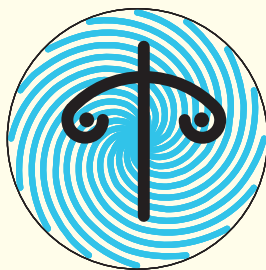
Afterwards application of the gray crystals

Hara point Dark Gray
Kidney pole, left side Medium Gray
Kidney pole, right side Light Gray

In the case of reactions we proceed as described earlier. The crystals stay in place for 10 minutes. I believe that all people have problems with “their middle”. Therefore this application can be used in anybody, no matter whether the person is sick or healthy. I also want to emphasize that starting with the number 10 in regard to the Tree of Life the triangle of creation comes into play: Binah, number 10, Hochma, number 11 and Kether, number 12. The importance of that is that with the assigned signs we are building a “bridge across the abyss” (Sephira Daath), in order to get closer to “bliss” in our life.

Assignment on the Tree of Life is the Sephira Binah.

11. The Sign of Aquarius



Treatment positions:

1. Middle of the forehead
2. Left side Hesed is located at the intersection of a line from the middle of the shoulder and a line at the level of the axillary fold
3. Right side Gevura is located at the intersection of a line from the middle of the shoulder and a line at the level of the axillary fold.

Treatment sequence:

1. Drawing of the symbols with a pen (UV fiber pen) as an option, then 5 minutes rest.
2. Application of the symbols in the given sequence for 1 to 2 minutes in each position

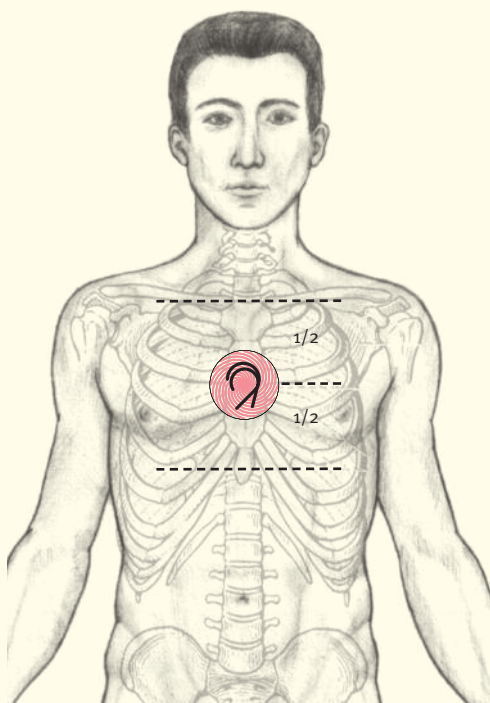
Note for therapists:

Afterwards application of the gray crystals

Middle of the forehead Dark Gray
Left side Hesed Medium Gray
Right side Gevura Light Gray

Assignment on the Tree of Life is the Sephira Hochma.

12. The Sign of Pisces



Treatment positions:

1. Middle of the sternum
2. Point of perception on the left
3. Point of perception on the right

The midpoints of the perception points can be found by drawing a straight line upwards from the left and right back of the knee. where the upper thigh ends and the gluteal muscle starts is a horizontal fold. The middle of this fold is the midpoint.

Treatment sequence:

1. Drawing of the symbols with a pen (UV fiber pen) as an option, then 5 minutes rest.
2. Application of the symbols in the given sequence for 1 to 2 minutes in each position

Note for therapists:

Afterwards application of the gray crystals

Middle of the sternum Dark Gray
Point of perception on the left Medium Gray
Point of perception on the right Light Gray

There often are transient psychological reactions like sadness or crying. If these reactions are tolerable for the person we should not interrupt the treatment. Only when the reactions are very severe and also move to other body areas. should we proceed as previously mentioned.

Assignment on the Tree of Life is the Sephira Kether.

This completes my little treatise and I wish you a lot of fun with the application.

These zones have been primarily created for preventive treatment and the expansion of consciousness. They also are helpful as an accompanying therapy in manifest diseases.

