

General Information about the Induction Programs used on the Wave or Home Synapsis Units

Here is a list of the 34 programs currently available for the Wave and Home induction units. The new Home Synapsis 2 unit can be specially programmed with a minimum of three of these programs according to your needs, and can now be programmed to include all 24 programs. The new Wave Induction, coming soon, can also be programmed with a minimum of 3 and up to 26 programs. If you are working with a certified Esoteric Colorpuncture practitioner, we strongly suggest you solicit their educated guidance in selecting the induction programs most suitable for your Home synapsis unit, as well as for instructions as to how and when to use these programs. Otherwise, you can contact us for a consultation.

1. Rest Program 1: Basic program for rest of the organism. This program oscillates between alpha and theta most of the time, which is the area of semi-sleep. Useful for restlessness, conflict stress, tension pains and much more.
2. Rest Program 2: Great program for all acute conflict stress situations and stress-related physical issues.
3. Sleep Program 1: Helpful if you have difficulties falling asleep and/or sleeping through the night. Helps with all states of restlessness connected with insomnia or those that the Rest Programs 1 & 2 do not completely resolve.
4. Sleep Program 2: Further help for sleep problems when Sleep Program 1 does not completely resolve the issue. Supportive for the body for waking complaints like anxieties, depressions, migraines, difficulty concentrating, mental overwork and permanent nervous system stress, fear of failure and more.
5. Dream Program: Good for stimulation of dream activity, this is a form of conflict resolution therapy.
6. Children Program 1: Supportive for psychological and physical stresses that occurred an adult person's childhood between the ages of 6-12. Indirectly, it is supportive for the body in situations of childhood fears and phobias, learning problems, immune weakness and more.
7. Children Program 2: Good to alternate with Children Program 1. Basic program for situations where the client has a history of childhood illnesses after age nine (especially if recurring). Both Children Programs are used as part of Esoteric conflict resolution therapy.
8. Stress Basic Program (was Stress A): Basic program to resolve psychological tensions and conflict situations, especially in the beginning phase of stress treatment.
9. Stress Immune Program (was Stress X): Helps to energetically support the immune system, whenever there are recurring immune issues.
10. Stress Hormone Program (was Stress 10): Helps in any situation of hormonal imbalance or stress and the related physical symptoms. Supportive during hormonal transitions of life – puberty and menopause.

11. Stress Spasm Program (was Stress 11): Basic biofeedback induction program in cases of migraine and cephalgias. Also supportive for the body in situations of shoulder and neck pains, and more.
12. Degeneration Program: Basic induction program for all situations of degenerative or chronic blockages in energy/information flow and related physical symptoms. Helps to activate the body's natural healing responses.
13. Awakening Program: Helpful for exhaustion, convalescence, overwhelming fatigue, susceptibility to weather changes, syndromes of overwork at any age and more.
14. Depression or Psyche Program 1: Energetically supportive in cases of depressions without fear, fatigue, listlessness, and for convalescence. However, do not use this program during the manic phase of a depression, because it is activating.
15. Depression or Psyche Program 2: Energetically supportive during the manic phases of depression, restlessness and states of anxiety, and for deep relaxation.
16. Depression or Psyche Program 3: Energetically supportive for situations of menopausal, menstrual and puberty- related depressions, in other words, hormonally-related depressions.
17. Cerebral/Mental Program: Helps to sharpen the intellect and activate brain function in all frequency ranges. Can also be supportive in situations of memory loss.*
18. Learning Program: This biofeedback induction program oscillates in the frequency range between 5 – 14 HZ, which is also the basis of the Superlearning method. Supportive for learning problems, lack of concentration, forgetfulness, exam anxiety and more.*
19. Memory Program: Helpful to alternate with the mental program and the learning program for the enhancement of intellectual abilities. Further indications: Stimulation of creativity.*
20. Conflict Solution Program: This program is similar in effect to the basic acu-light conflict solution therapy that is used in the practice of Esogetic Colorpuncture. And, it can easily be done at home. The program will help to surface and release buried emotional conflicts that are thought to weaken the immune system.
21. Addiction Program: This program can be used for all forms of addiction (including alcohol, food, smoking, etc). Peter Mandel views addicts as highly sensitive individuals who have lost a vital sense of inner connection. This results in fear, aggression and the need for protection or numbing. The program works via the thalamus to rebuild a sense of inner connection and thus reduce the craving for addictive substances or activities. It is an excellent home care support for recovery work. (Note: we do recommend that people suffering from addictions also working with professionals trained in addiction recovery, while using this program for home support.
22. Power Nap Program: This program is designed to bring you down into a situation of sleep and regeneration in 15 minutes and then back to an awake state. This will enable you to regenerate and return to your day's activities refreshed. Very good for stressed people and for insomniacs!

23. Long Gamma Program: Studies have recently shown that experienced meditators have higher levels of gamma waves in their brains. This program is specially designed to guide the user into this brain wave state associated with deep meditation.

24. Short Gamma Program: This program allows you to apply the gamma waves (associated with deep meditation) to a reflex zone on the body to clear blockages.

25. Point-Combi Program: In this program, the four brain rhythms - alpha, beta, theta and delta are induced in a harmonious sequence of rhythms. Over the course of the program, moving through these rhythms, the induction continues into the gamma waves and ends there. The program is intended for use in particular point treatment combinations, where we also apply color or crystal therapies. All diseases correlate with a dysfunction in brain rhythms. Through this program, the rhythms are applied therapeutically to points in their natural order.

26. Point-Gamma Program: The difference in this program as compared to the Point-Combi program is that it is aimed dominantly at the rhythm of the gamma waves. The rhythm sequence through the 4 brain waves of alpha, beta, theta and delta is the same as before, but faster. And halfway through the program, it changes to defined gamma brain waves. This program shows good results for long-standing disease and degeneration. It is also applied to 4 selected points using the adhesive attachments, according to the complaints of the individual.

27. Cerebral P: All living organisms have their own specific and individual rhythm, including disease causing agents and especially parasites. The induction program mirrors a constructive rhythm to the parasite and thus dissolves the destructive parasitic rhythm.

28. Cerebral A: Similar to the Cerebral P program, the Cerebral A program is directed at negative outer entities. In the broadest sense, the purpose is to block or reject anything that impacts us hypnotically. That includes the "attachments" that are already active in a person, which we all carry and which have been created by us ourselves (elementals, stuck thought structures). The Cerebral A program utilizes an oscillating frequency, which varies between 14 Hz and 7.8 Hz, meaning it uses the alpha rhythms. In this resting range of the human brain foreign information is not only recognized, but it can also be rejected. Thus foreign information that influences the mind (the ego) of an individual can be warded off.

29. Meditation: Meditation is a wonderful way to come to yourself. If we concentrate inwardly, then this should be done without goals or intentions. One should be in the "here and now" as the silent observer without judging what is happening. In this way the permanent streams of thoughts can come to rest. But for many people it is difficult to find peace. Now this new program, with a duration of 15 minutes, supports us to bring the permanent stream of thoughts to rest and thus to feel emptiness, silence and freedom.

30 & 31: Conflict T1 & Conflict T2: A person's rhythm or vibration is individual. Each cell, each organ or system has an individual vibrational behavior at its disposal, which depends on the frequency modulation; presently we call that information. Body cells communicate in the micro-ampere range. We can safely assume these days that sick individuals, no matter what the complaints may be, show a changed personal vibration compared to the collective of life. The diseased milieu does not accept the regulating information of the whole any longer and the circle of suffering commences. It is empirically known that long forgotten psychological conflicts and traumas, including prenatal disturbances and burdens, are creating blockages that supra-ordinate coordination can no longer resolve..The induction programs Conflict T1 + 2 have

resulted from the understanding that the human being is vibrating in a rhythm between 0.5 to 100 Hz. These programs mirror the coordination of all system immanent information. Thus they create a top to bottom resonance of vibrating cells and cell formations.

32. Addiction W: New program without description yet. It continues to address issues of addiction.

33. Power Team: In spite of our individuality, we are all linked to the so-called "Collective Unconscious" and have to interact with the world the way it is, whether we like it or not. And it has been the case forever that we perform much better "in a team," without sacrificing our individuality. By using this program, we become merged with the "team" in a very special way. Since partnerships give rise to controversies, this program can be used in partnerships between 2 people (using the adapter set). Overall this program can contribute to a renewed understanding among people, so that they are able to give up existing egocentric behaviors in favor of the "team". That can open the path to a harmonious togetherness.

34. Gamma 40: The new insight was that the gamma frequencies (around 40 Hz) should be combined with the alpha and theta frequencies. Therefore this program has very specific indications, like for instance an activation of the limbic system, especially the hippocampus and the amygdala, which presently also are the focus of the neurological sciences. For us it means that an induction with the Gamma 40 program may be applied at appropriately assigned zones and points. I just want to mention the thalamus reflex areas or the familiar coordination areas, which are all assigned to specific reflex zones.

* The programs should be listened to with eyes closed. Also, the induction programs should not be used on children younger than nine years of age or on people who suffer from epilepsy.

Please always keep in mind that certain diseases and strains are less or not suitable for self-treatment. We would like to expressly point out that before self-treatment with this products, especially in the home environment, it is advisable to consult your doctor or alternative health care practitioner.